

FINDING RAINBOW 20K

Sunday, January 10, 2010, 11am

Where: Rainbow Resort Trails, Rainbow Resort, West of Itasca State Park, MN
Direction (<http://www.rainbowresort.com/maps/roads.cfm>)

From the Twin Cities: Interstate 94 west to Clearwater (Hwy 24 exit), turn right on Hwy 24, go north about 4 miles, turn left onto US Hwy 10 then drive north/west to Wadena, and in Wadena turn right on Hwy 71 north, north to and through Park Rapids, until Cty Rd Hwy 113 (boundary with the Itasca State Park), turn left/go west about 20 miles (towards Waubun direction); at Becker Cty Rd 35 (also called West Elbow Lake Road next to the RAINBOW RESORT sign), turn left on Cty Rd 35. RAINBOW RESORT is less than 4 miles on your left.

Distance: 20K freestyle and classic

Registration: race day, registration starts at 10am and closes at 10:45am.

Fee: \$20
Cash or make check payable to Rainbow Resort

For more info. about the race, please call race director, Amy Xu at 612-991-4912. For driving direction, map, resort lodging information, etc., please check www.rainbowresort.com or call Linda Schumann at 1-888-734-1140.

REGISTRATION FORM

Name _____ (Print) Age (Race day) _____ M F (circle)

Address _____ Phone _____

City/State _____ Zip _____

Date of Birth _____

Email _____

Race Fee: \$20

WAIVER: I assume all risks, known and unknown, associated with participating in this event, and release Rainbow Resort and all other sponsors or workers associated with this race. This release and waiver extends to all cases of every kind or nature whatsoever. Applicants under age 18 will only be accepted with a parent or guardians signature.

Signature _____ Date: _____
Parent or Guardian's Signature (If under 18)