



factory team

North America's most successful cross country ski team

Rainbow Resort

Factory Team Ski Clinic with Chad Giese
October 21 & 22, 2006

**We are going to be doing a weekend clinic at
Rainbow Resort.**

**Your hosts for the weekend will be
Chad Giese (Factory Team) and Greg Weier (FinnSisu) and
will include some rollerskiing, hiking, dryland training and a
club running race/time trial.**

**Saturday Oct. 21: Rollerski clinic 1:00pm
Running race/time trial 3:30pm
Sunday Oct, 22: Dryland training 9:00am**

What to bring:

**Rollerskis, both skate and/or classic along with boots
poles and helmet. (NO rollerskiing without a helmet).
Running shoes, hiking poles and appropriate clothing
for a variety of weather conditions.**

Questions: info@finnsisu.com