

# RAINBOW RENDEZVOUS XC SKI RACE II

The following race information is subject to change depending on the condition of race day, etc.

When: Saturday March 5, 2005

Where: Rainbow Resort Trails, Rainbow Resort, near Itasca State Park, MN

What: 5K classic tour and 10K skate

Start Time & Place: Registration at the Trail Head 11:00 am, time trial starts at 12:00 pm. Registration closes 10 minutes before race.

Course and Distance: 5K classic tour, 10K skate race.

Age/Division Groups: Men and Women divisions; Age groups include: 19 and under; 20-29; 30-39; 40-49; 50-59; 60 and up.

Fees: \$10.00 a person.

Sponsor: Rainbow Resort, Waubun, MN (southwest of Itasca State Park, about 4 hour drive from the Twin Cities)



Direction/Contact to Rainbow Resort:

Please check [www.rainbowresort.com](http://www.rainbowresort.com) or call race director Amy Xu 612-991-4912. For lodging information, you can call 1-888-734-1140.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Sex: M F

Please check one of the races you will enter:  
10K Skate Race \_\_\_\_\_ 5K Classic Tour \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone (Best #): \_\_\_\_\_ Age: \_\_\_\_\_

**WAIVER: I assume all risks, known and unknown, associated with participating in this event, and release Rainbow Resort and all other sponsors or workers associated with this race. This release and waiver extends to all cases of every kind or nature whatsoever. Applicants under age 18 will only be accepted with a parent or guardians signature.**

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian's Signature (If under 18) \_\_\_\_\_