

RAINBOW XC SKI TIME TRIAL 2005

The following race information is subject to change depending on the condition of race day, etc.

When: Saturday January 8, 2005

Where: Rainbow Resort Trails, Rainbow Resort, near Itasca State Park, MN

What: Individual Time Trial

Start Time & Place: Registration at the Trail Head 11:00 am, time trial starts at 12:00 pm. Registration closes 10 minutes before race. This is a low-key time trial to help get ready to start the skiing season.

Course and Distance: 5K skate/classic, 10K skate, 15K classic.

Participant: Individual Man and Woman and High School.

Fees: \$5.00 a person

Sponsor: Rainbow Resort, Waubun, MN (southwest of Itasca State Park, about 4 hour drive from the Twin Cities)



Direction/Contact to Rainbow Resort:

Please check www.rainbowresort.com or call toll free 1-888-734-1140. For race information, please call race director Jill Troutner 612-309-1716 or Amy Xu 612-991-4912

Name: _____

Address: _____
City _____ State _____ ZIP _____ Sex: M F

Please check one of the races you will enter:

5K Skate _____ 5K Classic _____ 10K Skate _____ 15K Classic _____

E-mail: _____ Phone (Best #): _____

Age: _____ Relay Team Name _____

WAIVER: I assume all risks, known and unknown, associated with participating in this event, and release Rainbow Resort and all other sponsors or workers associated with this race. This release and waiver extends to all cases of every kind or nature whatsoever. Applications participation will only be accepted with a parent or guardians signature.

Signature _____ Date: _____

Parent or Guardian's Signature (If under 18) _____