

5TH ANNUAL
XMAS-NEW YEAR WEST ITASCA SKI FEST
Saturday, December 26, 2009, @1pm -- **TIME TRIAL I**
Monday, December 28, 2009, @9am -- **TIME TRIAL II**

The following race information is subject to change depending on the condition of race day, etc.

When: Sat., Dec. 26, 2009, at 1pm (TT I); Monday, Dec. 28, 2009, at 9am (TT II)

Where: Rainbow Resort Trails, Rainbow Resort, 23 miles east of Waubun, MN
Direction (<http://www.rainbowresort.com/maps/roads.cfm>)

What: Mass start, individual Time Trial, skate, classic

Start Time & Place: Registration at the Rainbow Resort lodge, noon-12:45pm, Sat. (TT I); and 8am-8:45am, Monday (TT II)

Distances: 5k, 15k, 30k, combined pursuit 5k/5k, 15k/15k

Fees: \$15 a person (freestyle or classic, any distance), \$20 a person (both freestyle and classic for 5k/5k, 15k/15k); payable to Rainbow Resort, Inc.

Sponsor: Rainbow Resort, MN (Northwest MN -- near the Headwaters of the Mississippi River at Itasca State Park, about 4 hour drive from the Twin Cities), www.rainbowresort.com (host of the 2008 and 2009 Junior Olympic Qualifier-MN races)



Name: _____ Race: Freestyle, Classic, Both, 5k, 15k, 30k

Address: _____
City _____ State _____ ZIP _____ Sex: M F

E-mail: _____ Phone (Best #): _____

Age: _____ Represented Team Name _____

WAIVER: I assume all risks, known and unknown, associated with participating in this event, and release the organizer and all sponsors or workers associated with this race. This release and waiver extends to all cases of every kind or nature whatsoever.

Applications participation will only be accepted with a parent or guardians signature.

Signature _____ Date: _____

Parent or Guardian's Signature (If under 18) _____

For more info. about the race, please call race director, Amy Xu at 612-991-4912. For driving direction, map, resort lodging information, etc., please check www.rainbowresort.com or call Rainbow Resort at 1-888-734-1140.