



23rd Annual

Pole Pedal Pant

OLDEST AND TOUGHEST Winter Triathlon

(10k Skiing, 7k Bike, & 7k Run)

Saturday, March 10th, 2012

Elm Creek Park Reserve

Maple Grove, Minnesota

Sign up online at www.polepedalpant.com

Or Amy Xu race director at 612-991-4912

xu.amy@dorsey.com

There will be prizes for the winners in each age category along with top three team winners; snacks, drinks, nice door prizes. "The more the merrier."

May the luck of the Irish be with you

